QINGHAI · CHINA

Qinghai Plateau

High grassland, lakes and gorges of the Three Rivers Source and Qinghai Lake: kiang, Tibetan gazelles and Tibetan foxes on the open plains, blue sheep and white-lipped deer in the valleys, and bar-headed geese on the lake.

115 animals 22 mammals, 90 birds, 2 reptiles and 1 fish **Best time:** May to Oct

Seen _____ of 115

01 Hoofed animals 9

ANIMAL	DATE AND PLACE
☐ Kiang	
☐ Tibetan Gazelle	
☐ Bharal	
☐ White-lipped Deer	
☐ Przewalski's Gazelle	
☐ Wild Yak Rare	
☐ Tibetan Antelope Rare	
☐ Argali Rare	
☐ Alpine Musk Deer Rare	

02 Carnivores 10

ANIMAL	DATE AND PLACE
☐ Tibetan Fox	
☐ Grey Wolf	
☐ Pallas's Cat	
☐ Red Fox	
☐ Mountain Weasel	
☐ Snow Leopard Rare	
☐ Brown Bear Rare	
☐ Eurasian Lynx Rare	
☐ Eurasian Otter Rare	
☐ Asian Badger Rare	

03 Small mammals 3

ANIMAL	DATE AND PLACE
☐ Plateau Pika	
☐ Himalayan Marmot	
☐ Woolly Hare	

04 Birds of prey 11

ANIMAL	DATE AND PLACE
☐ Bearded Vulture	
☐ Himalayan Vulture	
☐ Upland Buzzard	
☐ Black Kite	
☐ Common Kestrel	
☐ Golden Eagle	
☐ Saker Falcon	
☐ Cinereous Vulture	
☐ Steppe Eagle	
☐ Little Owl	
☐ Eurasian Eagle-Owl Rare	

05 Gamebirds, cranes and pigeons 9

ANIMAL	DATE AND PLACE
☐ Hill Pigeon	
☐ Tibetan Snowcock	
☐ Tibetan Partridge	
☐ White Eared Pheasant	
☐ Przevalski's Partridge	
☐ Black-necked Crane	
☐ Snow Pigeon	
☐ Blood Pheasant Rare	
☐ Pallas's Sandgrouse Rare	

ANIMAL | DATE AND PLACE

06 Lake and wetland birds 18

- [ ] Bar-headed Goose
- [ ] Ruddy Shelduck
- [ ] Brown-headed Gull
- [ ] Pallas's Gull
- [ ] Great Crested Grebe
- [ ] Great Cormorant
- [ ] Common Tern
- [ ] Common Redshank
- [ ] Black-necked Grebe
- [ ] Red-crested Pochard
- [ ] Common Pochard
- [ ] Common Merganser
- [ ] Tibetan Sand Plover
- [ ] Little Ringed Plover
- [ ] Pied Avocet
- [ ] Grey Heron
- [ ] Ibisbill Rare
- [ ] Common Sandpiper

07 Grassland and open-country birds 25

- [ ] Ground Tit
- [ ] White-rumped Snowfinch
- [ ] Rufous-necked Snowfinch
- [ ] Black-winged Snowfinch
- [ ] Hume's Lark
- [ ] Horned Lark
- [ ] Oriental Skylark
- [ ] Isabelline Wheatear
- [ ] Rosy Pipit
- [ ] Citrine Wagtail
- [ ] White Wagtail
- [ ] Red-billed Chough
- [ ] Common Raven
- [ ] Twite
- [ ] Mongolian Ground Jay

ANIMAL | DATE AND PLACE

07 Grassland and open-country birds continued

- [ ] Tibetan Lark
- [ ] Desert Wheatear
- [ ] Brandt's Mountain Finch
- [ ] Plain Mountain Finch
- [ ] Daurian Jackdaw
- [ ] Common Hoopoe
- [ ] Large-billed Crow
- [ ] Eurasian Tree Sparrow
- [ ] Rock Sparrow
- [ ] Common Cuckoo

08 Gorge, cliff and shrub birds 27

- [ ] Black Redstart
- [ ] Robin Accentor
- [ ] Elliot's Laughingthrush
- [ ] White-winged Redstart
- [ ] White-throated Redstart
- [ ] Hodgson's Redstart
- [ ] White-capped Redstart
- [ ] Plumbeous Water Redstart
- [ ] Rufous-breasted Accentor
- [ ] Alpine Accentor
- [ ] Alpine Chough
- [ ] Kessler's Thrush
- [ ] Chestnut Thrush
- [ ] White-browed Tit-Warbler
- [ ] Streaked Rosefinch
- [ ] Chinese Beautiful Rosefinch
- [ ] Godlewski's Bunting
- [ ] Brown Dipper
- [ ] Wallcreeper Rare
- [ ] Red-fronted Rosefinch Rare
- [ ] Tibetan Babax Rare
- [ ] Przevalski's Pinktail Rare
- [ ] Tibetan Bunting Rare

	ANIMAL	DATE AND PLACE
08	**Gorge, cliff and shrub birds** continued	
☐	Grandala Rare	
☐	Eurasian Crag Martin	
☐	Asian House Martin	
☐	Giant Laughingthrush	

	ANIMAL	DATE AND PLACE
09	**Reptiles and fish** 3	
☐	Qinghai Toad-headed Agama	
☐	Multi-ocellated Racerunner	
☐	Przewalski's Naked Carp	

My trip

FROM _____ TO _____

TRAVELLING WITH _____

STAYING AT _____ SEEN _____ OF 115

FIRST ANIMAL WE SAW _____

BEST MOMENT _____

FIELD NOTES AND SKETCHES

ALSO SEEN, NOT ON THIS LIST

_____

_____

_____

KEEP IT IN WILDER

Tick them off in the app

Scan to open this checklist in Wilder. Add your photos, see your whole trip, earn badges and the Qinghai Plateau passport stamp, and watch your life list grow.

BEST TIME

May to Oct

The plateau has a short, green summer and a long, cold, dry winter.

A guide, not a guarantee: what you see depends on season, luck and patience. Give wildlife space and never feed it. Follow the local rules on distance.