KUUSAMO, KAINUU AND NORTH KARELIA · FINLAND

Kuusamo and eastern Finland

Taiga forest, bogs and rapids along the Russian border: Oulanka's river canyons, Siberian jays and owls around Kuusamo, brown bears, and the wolverine hides of Kuhmo and Lieksa.

89 animals 19 mammals, 59 birds, 2 reptiles, 3 amphibians, 2 fish and 4 butterflies

Best time: Jun to Aug

Seen _____ of 89

01 Bears and big predators 6

ANIMAL	DATE AND PLACE
☐ Brown Bear	
☐ Wolverine	
☐ Grey Wolf Rare	
☐ Eurasian Lynx Rare	
☐ Raccoon Dog Rare	
☐ Badger Rare	

02 Deer and other mammals 13

ANIMAL	DATE AND PLACE
☐ Moose	
☐ Reindeer	
☐ Red Fox	
☐ Mountain Hare	
☐ Red Squirrel	
☐ Siberian Flying Squirrel Rare	
☐ Pine Marten	
☐ Stoat	
☐ Least Weasel	
☐ Otter Rare	
☐ American Mink	
☐ North American Beaver	
☐ Northern Bat	

03 Grouse, cranes and waterbirds 19

ANIMAL	DATE AND PLACE
☐ Capercaillie	
☐ Black Grouse	
☐ Hazel Grouse	
☐ Willow Grouse	
☐ Common Crane	
☐ Whooper Swan	

03 Grouse, cranes and waterbirds continued

ANIMAL	DATE AND PLACE
☐ Taiga Bean Goose	
☐ Goldeneye	
☐ Goosander	
☐ Smew	
☐ Black-throated Diver	
☐ Common Sandpiper	
☐ Green Sandpiper	
☐ Wood Sandpiper	
☐ Greenshank	
☐ Whimbrel	
☐ Snipe	
☐ Red-necked Phalarope	
☐ Common Gull	

04 Birds of prey and owls 12

ANIMAL	DATE AND PLACE
☐ Golden Eagle	
☐ White-tailed Eagle	
☐ Osprey	
☐ Goshawk	
☐ Rough-legged Buzzard	
☐ Merlin	
☐ Great Grey Owl Rare	
☐ Ural Owl	
☐ Northern Hawk-Owl	
☐ Tengmalm's Owl	
☐ Eurasian Pygmy Owl	
☐ Eurasian Eagle-Owl Rare	

Tick them off in Wilder

ANIMAL	DATE AND PLACE

05 Taiga birds 28

- [ ] Siberian Jay
- [ ] Siberian Tit
- [ ] Willow Tit
- [ ] Crested Tit
- [ ] Black Woodpecker
- [ ] Eurasian Three-toed Woodpecker
- [ ] Great Spotted Woodpecker
- [ ] Grey-headed Woodpecker Rare
- [ ] Bohemian Waxwing
- [ ] Pine Grosbeak
- [ ] Parrot Crossbill
- [ ] Crossbill
- [ ] Two-barred Crossbill Rare
- [ ] Brambling
- [ ] Siskin
- [ ] Redpoll
- [ ] Bullfinch
- [ ] Common Rosefinch
- [ ] Rustic Bunting
- [ ] Red-flanked Bluetail Rare
- [ ] Bluethroat

ANIMAL DATE AND PLACE

05 Taiga birds continued

- [ ] Redstart
- [ ] Pied Flycatcher
- [ ] Redwing
- [ ] Fieldfare
- [ ] Dipper
- [ ] Common Raven
- [ ] Cuckoo

06 Reptiles and amphibians 5

- [ ] Common Lizard
- [ ] Adder
- [ ] Common Frog
- [ ] Moor Frog
- [ ] Common Toad

07 Fish and butterflies 6

- [ ] Brown Trout
- [ ] Grayling
- [ ] Moorland Clouded Yellow
- [ ] Camberwell Beauty
- [ ] Freija's Fritillary
- [ ] Swallowtail

My trip

FROM _____ TO _____

TRAVELLING WITH _____

STAYING AT _____ SEEN _____ OF 89

FIRST ANIMAL WE SAW _____

BEST MOMENT _____

FIELD NOTES AND SKETCHES

KEEP IT IN WILDER

Tick them off in the app

Scan to open this checklist in Wilder. Add your photos, see your whole trip, earn badges and the Kuusamo passport stamp, and watch your life list grow.

A guide, not a guarantee: what you see depends on season, luck and patience. Give wildlife space and never feed it. Follow the local rules on distance.