RIO DE JANEIRO · BRAZIL

Atlantic Forest of Rio de Janeiro



Steep forested mountains and restored lowland wetlands holding some of the richest endemic birdlife in the Americas: tanagers, antbirds, hummingbirds and toucans, with howler and titi monkeys, coatis, capybaras and sloths.

140 animals 18 mammals, 111 birds, 5 reptiles and 6 amphibians **Best time:** Sep to Nov

Seen _____ of 140

ANIMAL DATE AND PLACE

01 Monkeys and marmosets 6

- ☐ Brown Howler Monkey
- ☐ Black-fronted Titi Monkey
- ☐ Black Capuchin
- ☐ Common Marmoset
- ☐ Golden Lion Tamarin
- ☐ Buffy-tufted-ear Marmoset Rare

02 Other mammals 12

- ☐ South American Coati
- ☐ Brazilian Squirrel
- ☐ Capybara
- ☐ Brown-throated Three-toed Sloth
- ☐ Red-rumped Agouti
- ☐ Brazilian Common Opossum
- ☐ Tayra
- ☐ Crab-eating Fox
- ☐ Nine-banded Armadillo Rare
- ☐ Maned Three-toed Sloth Rare
- ☐ Neotropical Otter Rare
- ☐ Ocelot Rare

03 Toucans, trogons and woodpeckers 9

- ☐ Red-breasted Toucan
- ☐ Channel-billed Toucan
- ☐ Saffron Toucanet
- ☐ Spot-billed Toucanet

ANIMAL DATE AND PLACE

03 Toucans, trogons and woodpeckers continued

- ☐ Surucua Trogon
- ☐ Atlantic Black-throated Trogon
- ☐ Rufous-capped Motmot
- ☐ Yellow-fronted Woodpecker
- ☐ Robust Woodpecker

04 Hummingbirds 11

- ☐ Black Jacobin
- ☐ Swallow-tailed Hummingbird
- ☐ Violet-capped Woodnymph
- ☐ Glittering-throated Emerald
- ☐ Sombre Hummingbird
- ☐ Brazilian Ruby
- ☐ Scale-throated Hermit
- ☐ Saw-billed Hermit
- ☐ Green-crowned Plovercrest
- ☐ White-throated Hummingbird
- ☐ Frilled Coquette Rare

05 Parrots, doves, cuckoos and guans 11

- ☐ Maroon-bellied Parakeet
- ☐ Plain Parakeet
- ☐ Blue-winged Parrotlet
- ☐ Scaly-headed Parrot
- ☐ Pileated Parrot
- ☐ Dusky-legged Guan

ANIMAL | DATE AND PLACE

05 Parrots, doves, cuckoos and guans continued

- ☐ Solitary Tinamou Rare
- ☐ Picazuro Pigeon
- ☐ Ruddy Ground Dove
- ☐ Common Squirrel-cuckoo
- ☐ Smooth-billed Ani

06 Antbirds and gnateaters 11

- ☐ Spot-backed Antshrike
- ☐ Giant Antshrike Rare
- ☐ Tufted Antshrike
- ☐ Variable Antshrike
- ☐ Plain Antvireo
- ☐ Star-throated Antwren
- ☐ Ferruginous Antbird
- ☐ Squamate Antbird
- ☐ White-shouldered Fire-eye
- ☐ Rufous Gnateater
- ☐ Black-cheeked Gnateater

07 Ovenbirds, tapaculos and woodcreepers 7

- ☐ Rufous Hornero
- ☐ Rufous-capped Spinetail
- ☐ Itatiaia Spinetail
- ☐ Araucaria Tit-Spinetail
- ☐ Mouse-coloured Tapaculo
- ☐ Olivaceous Woodcreeper
- ☐ White-throated Woodcreeper

08 Cotingas, manakins and flycatchers 14

- ☐ Bare-throated Bellbird
- ☐ Hooded Berryeater
- ☐ Black-and-gold Cotinga Rare
- ☐ Swallow-tailed Cotinga Rare
- ☐ Sharpbill Rare
- ☐ Red-ruffed Fruitcrow
- ☐ Pin-tailed Manakin
- ☐ Blue Manakin
- ☐ White-bearded Manakin
- ☐ Great Kiskadee

ANIMAL | DATE AND PLACE

08 Cotingas, manakins and flycatchers continued

- ☐ Social Flycatcher
- ☐ Masked Water-tyrant
- ☐ Velvety Black Tyrant
- ☐ Long-tailed Tyrant

09 Tanagers 17

- ☐ Brazilian Tanager
- ☐ Green-headed Tanager
- ☐ Red-necked Tanager
- ☐ Brassy-breasted Tanager
- ☐ Gilt-edged Tanager
- ☐ Golden-chevroned Tanager
- ☐ Burnished-buff Tanager
- ☐ Sayaca Tanager
- ☐ Ruby-crowned Tanager
- ☐ Magpie Tanager
- ☐ Diademed Tanager
- ☐ Black-goggled Tanager
- ☐ Swallow Tanager
- ☐ Blue Dacnis
- ☐ Green Honeycreeper
- ☐ Bananaquit
- ☐ Blue-naped Chlorophonia

10 Other songbirds 9

- ☐ Violaceous Euphonia
- ☐ Chestnut-bellied Euphonia
- ☐ Green-winged Saltator
- ☐ Rufous-collared Sparrow
- ☐ Rufous-bellied Thrush
- ☐ Pale-breasted Thrush
- ☐ Chalk-browed Mockingbird
- ☐ Golden-crowned Warbler
- ☐ Red-rumped Cacique

11 Birds of prey and night birds 11

- ☐ Roadside Hawk
- ☐ Black Vulture
- ☐ Southern Crested Caracara

ANIMAL | DATE AND PLACE

11 Birds of prey and night birds continued

- [ ] Yellow-headed Caracara
- [ ] Swallow-tailed Kite
- [ ] Black Hawk-Eagle
- [ ] Mantled Hawk Rare
- [ ] Tawny-browed Owl
- [ ] Black-capped Screech Owl
- [ ] Common Potoo
- [ ] Long-trained Nightjar Rare

12 Wetland birds 11

- [ ] Capped Heron
- [ ] Rufescent Tiger Heron
- [ ] Great Egret
- [ ] Western Cattle Egret
- [ ] Brazilian Teal
- [ ] Masked Duck Rare
- [ ] Wattled Jacana

ANIMAL | DATE AND PLACE

12 Wetland birds continued

- [ ] Purple Gallinule
- [ ] Southern Lapwing
- [ ] Ringed Kingfisher
- [ ] Amazon Kingfisher

13 Reptiles and amphibians 11

- [ ] Broad-snouted Caiman
- [ ] Argentine Black-and-white Tegu
- [ ] Amazon Lava Lizard
- [ ] Jararaca
- [ ] Painted Coral Snake Rare
- [ ] Smith Frog
- [ ] White-banded Tree Frog
- [ ] Yellow Cururu Toad
- [ ] Military River Frog
- [ ] Clay Robber Frog
- [ ] Pumpkin Toadlet

My trip

FROM _____ TO _____

TRAVELLING WITH _____

STAYING AT _____ SEEN _____ OF 140

FIRST ANIMAL WE SAW _____

BEST MOMENT _____

FIELD NOTES AND SKETCHES

KEEP IT IN WILDER

Tick them off in the app

Scan to open this checklist in Wilder. Add your photos, see your whole trip, earn badges and the Atlantic Forest passport stamp, and watch your life list grow.

A guide, not a guarantee: what you see depends on season, luck and patience. Give wildlife space and never feed it. Follow the local rules on distance.